

Soft Rafting, Kayaking & educational activities in nature

Presentation for school 2024/25





Soft Rafting descent on the Adige river in Dolcè (VR) Sorrounded by the wonderful Terra Dei Forti; an experience suitable for everyone: safe and fun!



Our proposal reserved for schools consists of a **9 km soft rafting descent** in the most evocative stretch of Valdadige: la **Terra dei Forti** (Land of forts).

We are based in Dolcè, the last city of the Adige Valley. Our starting point is the wonderful Albino Armani winery, while the landing point is the fifteenth-century Villa del Bene in Volargne. The activity begins with the distribution of the essential material: a paddle and a life jacket; after that, the guides will hold a briefing to explain the voice commands and safety rules to adopt on the river.

Each raft is led by a **licensed F.I.Raft (Italian Rafting Federation) river guide** who will show you the most **fascinating views**

of the valley. He will also take photographs of the group and provide professional tips to improve the paddling technique. Therefore, the presence of a teacher on each boat is not mandatory.

To make the activity even more enjoyable, we offer the possibility of bringing a couple of sit-on-top (open) kayaks with us to let the students try them!

The activity will be interspersed with playful moments and some historical explanations. We will specifically delve into the morphology of Valdadige, the history of the river and its ancient crafts. We will discover together the Terra dei Forti, and its Austro-Hungarian constructions of the 18th century. also, we will talk about Napoleon and



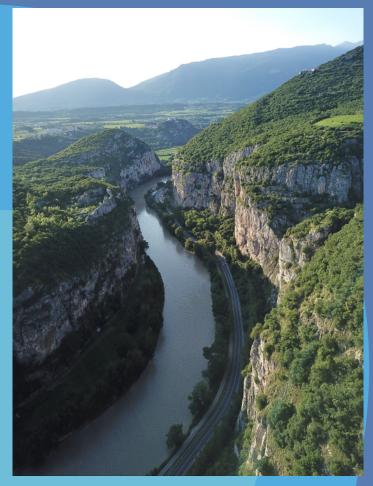


his exploits carried out in Rivoli.

Nature will be at the centre of the attention throughout the activity: river birds, mallards and centuries-old vineyards are just part of the scenery that will sorround us. On the right, Mount Baldo, on the left, Mount Pastello and upfront the morainic amphitheater of Rivoli with the spectacular Ceraino's passage. An incredible canyon, about 2 km long, where the mountains fall sheer into the river, as if they wanted to say goodbye to it one last time, before letting it flow towards the Valpolicella and the Pianura Padana.

Once out of the canyon, the last minutes of navigation will take us to Volargne, the location of the arrival.

The quietness of the Adige river in this stretch and our expertise, result of many



years of experience acquired on the most challenging waterways in Italy, **provide maximum safety and professionalism**.









Why choose Soft Rafting for your educational trip?

Do sports in very close contact with nature:

The soft rafting that we practice does not take place in an urban context, but in a stretch of Valdadige that still preserves its natural aspects. Vineyards, mountains, herons and mallards will accompany us during our adventure. Many scientific studies linked exposure to nature with an increase in energy and a heightened sense of well-being. Nature is fuel for the soul!

Sustainable activity with zero environmental impact:

Rafting is 100% environmentally sustainable (excluding the transfer service). Thanks to the push of the current and the propulsion provided by the crew, you can travel tens of kilometers in a day. In ancient times, river transport was the most efficient and safest means of transport!

Customizable and flexible activity:

Customize your tour with us! We can vary the embarkation and disembarkation point based on your logistical needs (e.g. train stations). We build the activity together with you: we can choose the teaching approach to give, we can make agreement on the schedule and we can include specific moments to work on certain aspects (e.g. group dynamics).

Teamwork:

Rafting requires some communication skills. Four arms are better than two, especially if they work together. Travelling on a raft allows you to develop interpersonal skills, such as teamwork and leadership.

The perfect experience to force a group to work together in an extremely small environment and to coordinate for the success of the ride.

Discover the power of nature!

O the river the power of water is very tangible! The perfect place to truly realize the strength it has!

Back to the origins:

No telephone, no electronic devices. Just a paddle, friends and a place to have fun!

VISIT VALDADIGE ssd srl - ...





free. Certified 104 students are ou al, a certified guide for the dinghy a by cellphone or email indicating the address. In case of rain the date can be potswear, a pair of shoes + spare trousers are

tal).

REACH US BY TRAIN!

We are served by Dolcè, Peri and Domegliara railway stations, on the Verona - Bolzano line. Dolcè and Peri train stations are a few minutes walk from the river, therefore train is an excellent cheap and eco-sustainable way to reach us!

> **>int*:** :è (VR) 37020 Dolcè

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VISIT TO THE CARABINIERI BIODIVERSITY CENTER

Let's visit the National Carabinieri Biodiversity Center (CNCB) based in Peri together! The most important activity of this Center consists of processing and preserving the seeds of forest species. Let's learn together with the help of Carabinieri through some interesting laboratories!



TREKKING OR NORDIC WALKING LESSON

Let's discover together the wonderful Valdadige-TerradeiForti cycle path or the paths that lead to the ancient Austro-Hungarian forts and the to Mount Mesa wind farm. Trekking or Nordic walking lesson with the guides of Allariaperta S.r.l.s. is a great way to discover points of interest and fill your day! Write us a message to agree on the best path for you based on your needs and educational program!

HARVEST AND PRESSING LIKE ANCIENT TIMES

We harvest and press the grapes like our grandparents did! Half a day full of new emotions. We start with the harvest, cutting the bunches from the rows. Once we have taken a sufficient quantity, we will pour the harvest into the vat. Now, the fun part! We take off our shoes and jump into the basins to crush the grapes. We will produce the must (unfiltered grape juice). We will then explain to the children the difference between how the harvest was done in the past and how it is done now. A video created in collaboration with the Albino Armani winery narrates in a simple way the entire journey of the grape, from the plant to the bottle of wine. Cheers!





EXPERT GUIDES AND WORLD RAFTING CHAMPION

VisitValdadige is an outdoor company with guides in possession of river navigation licenses (II-III level) and Nordic walking certification, therefore they will guarantee you to have fun and to learn in completely safe and professional way. The team also includes the 3-time rafting world champion Pietro Fratton, from the Rafting Team Verona team.



CONTACTS

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PICNIC SPACES e GREEN AREAS

It is possible to use the green areas of the municipality on the island of Dolcè, the park in front of the Villa del Bene and the space managed by the "La Cavallara" association in Volargne.



